

# Emeritus Institute Classes: Summer 2026

**Course Dates: May 26 – August 7**

(No class 6/18, 6/19, 7/2, 7/3)

## ART 403C: ART MEDIA (BEADING)

51713	T	11am-3:20pm	5/26-8/4	Hernandez, A.	ONLINE
51714	T	4-8:20pm	5/26-8/4	Hernandez, A.	ONLINE
51715	Th	9-11:30am	5/27-8/5	Hernandez, A.	ONLINE
	F	9-11:30am	5/27-8/5	Hernandez, A.	RSC

## ART 403C: ART MEDIA (WIRE WRAPPING)

51707	M/W	9-11:10am	5/27-8/5	Sykes, E.	FSSC
51708	M/W	1-3:10pm	5/27-8/5	Sykes, E.	ONLINE

## ART 403C: ART MEDIA (DRAWING)

51709	M/W	3:30-5:40pm	5/27-8/5	Sykes, E.	ONLINE
51765	T	8:30am - 12:45pm	5/26-8/4	Gulino, M.	ONLINE

## ART 430C: WATERCOLOR PAINTING – BEGINNING

51710	Th	9-11:30am	5/27-8/5	Gulino, M.	ONLINE
	F	9-11:30am	5/27-8/5	Gulino, M.	LSC
51765	T	8:30am - 12:45pm	5/26-8/4	Gulino, M.	ONLINE

## ART 435C: WATERCOLOR PAINTING – INT/ADV

51711	T	1-3:15pm	5/26-8/6	Gulino, M.	ONLINE
	Th	1-3:15pm	5/26-8/6	Gulino, M.	LBCC
51712	W/F	1-3:15pm	5/27-8/5	Gulino, M.	ONLINE

## HLTH 400A: HEALTH AND FITNESS FOR MATURE ADULTS (1 HOUR PER WEEK)

### AQUATIC FITNESS TRAINING

51662	T	2-3:15pm	5/26-8/4	Dickenson, K.	LBFTC
51665	Th	2-3:35pm	5/28-8/6	Dickenson, K.	LBFTC

### BALANCE AND MOBILITY

51670	W	1:30-2:45pm	5/27-8/5	Gagnon, M.	LFCH
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## CHAIR EXERCISE

51659	M	12-1:20pm	6/1-8/3	Dickenson, K.	LFCH
51716	T	10-11:15am	5/26-8/4	Mastin, K.	LSC
51745	W	1-2:15 pm	5/27-8/5	Dickenson, K.	LFCH
51683	Th	8:45-10:20am	5/28-8/6	Mastin, K.	LSC
51664	Th	2-1:25pm	5/28-8/6	Dickenson, K.	LFCH

## CIRCUIT TRAINING

51678	M	10:30-11:55am	6/1-8/3	Mastin, K.	LFCH
51660	M	1:30-2:55pm	6/1-8/3	Dickenson, K.	LFCH
51702	T	11 am-12:35pm	5/26-7/21	Messenger, L.	ONLINE
51849	T	12:45-2 pm	5/26-7/21	Gagnon, M.	LBCRC
51680	W	10:30-11:45am	5/27-8/5	Mastin, K.	LFCH

## DYNA-BAND

51696	T	12-1:15pm	5/26-8/4	Robitaille, J.	LFCH
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## MOBILITY AND FLEXIBILITY

<b>NEW!</b>					
51675	M	11:30am-12:45pm	6/1-8/3	Jimenez, J.	ONLINE

## PHYSICAL FITNESS

51667	M	12-1:25pm	6/1-8/3	Gagnon, M.	LFCH
51688	M	1-2:20pm	6/1-8/3	Ovadia, J.	ONLINE
51705	T/Th	1-1:50pm	5/26-7/23	Messenger, L.	RSC
51704	T/Th	9-9:50am	5/26-7/23	Messenger, L.	ONLINE
51703	W	9-10:35am	5/27-7/22	Messenger, L.	LSC
51669	W	12-1:15pm	5/27-8/5	Gagnon, M.	LFCH
51692	W	12:30-1:45pm	5/27-8/5	Ovadia, J.	LSC

## PILATES

51694	M	10:15-11:50am	6/1-8/3	Robitaille, J.	LBCC
51668	M	1:30-2:55pm	6/1-8/3	Gagnon, M.	LFCH
51689	T	9-10:15am	5/26-8/4	Ovadia, J.	RSC
51695	T	10:30-11:45am	5/26-8/4	Robitaille, J.	LFCH
51691	W	9-10:15am	5/27-8/5	Ovadia, J.	RSC
51697	W	10:15-11:40am	5/27-8/5	Robitaille, J.	LBCC
51671	Th	10:45am-12:20pm	5/28-8/6	Gagnon, M.	LBCRC
51698	F	10:15-11:30am	5/29-8/7	Robitaille, J.	LBCC

## STRENGTH AND PILATES

51690	T	2:30-3:45pm	5/26-8/4	Ovadia, J.	ONLINE
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### STRENGTH AND BALANCE

51658	M	10:30-11:55am	6/2-8/4	Dickenson, K.	LFCH
51661	T	11am-12:15pm	5/27-8/5	Dickenson, K.	LBCRC
51663	W	10-11:15am	5/28-8/6	Dickenson, K.	LBFTC
<b>NEW!</b>					
51676	W	11:30am-12:45pm	5/28-8/6	Jimenez, J.	ONLINE
51693	Th	10:30am-12pm	5/28-8/6	Ovadia, J.	ONLINE
51666	F	8:30-9:50am	5/29-8/7	Dickenson, K.	LSC

### STRETCH AND FLEXIBILITY

<b>NEW!</b>					
51677	Th	9-10:35am	5/28-8/6	Kelley, S.	LBCRC

### TAI CHI

<b>NEW!</b>					
51701	F	9-10:15am	5/29-8/7	Nguyen, T.	ONLINE

### YOGA

<b>NEW!</b>					
51700	T	12-1:15pm	5/26-8/3	Nguyen, T.	ONLINE
51654	W	11:45am-1pm	5/27-8/5	Burns, K.	LBCC
51655	F	1:45am-1:05pm	5/29-8/7	Burns, K.	LBCC

### LINE DANCE

51656	M	10:30am - 11:55pm	6/1-8/3	Chung, J.	LSC
<b>Recommended for High Beginner/Improver</b>					
51672	T	9-10:15am	5/26-8/4	Jackson, V.	IDEA 101
<b>Recommended for High Beginner/Improver</b>					
51673	T	10:30-11:45am	5/26-8/4	Jackson, V.	IDEA 101
<b>Recommended for Improver/Easy Intermediate</b>					
51674	T	12-1:15pm	5/26-8/4	Jackson, V.	IDEA 101
<b>Recommended for Easy Intermediate/Intermediate</b>					
51679	T	1:30pm-2:45pm	5/26-8/4	Mastin, K.	TUS
<b>Recommended for Beginners</b>					
51681	W	1-2:15pm	5/27-8/5	Mastin, K.	IDEA 101
<b>Recommended for Beginner/Improver</b>					
51682	W	2:30-3:45pm	5/27-8/5	Mastin, K.	IDEA 101
<b>Recommended for High Beginner/Improver</b>					
51685	Th	12:15-1:45pm	5/28-8/6	Mastin, K.	LFCH
<b>Recommended for Beginners</b>					
51686	F	10:30am-12:05pm	5/29-8/7	Mastin, K.	IDEA 101
<b>Recommended for Beginner/Improver</b>					
51657	F	11am-12:35pm	5/29-8/7	Chung, J.	LSC
<b>Recommended for High Beginner/Improver</b>					
51687	F	12:15-1:50pm	5/29-8/7	Mastin, K.	IDEA 101
<b>Recommended for Improver/Intermediate</b>					



### LOCATIONS

FSSC	Florence Sylvester Senior Center, Laguna Hills
HPCC	Heritage Park Community Center, Irvine
IDEA	IVC at ATEP, Tustin
LBCC	Laguna Beach Community Center, Laguna Beach
LBCRC	Laguna Beach Community and Recreation Center, Laguna Beach
LBHSCP	Laguna Beach High School Community Pool, Laguna Beach
LFCH	Lake Forest Clubhouse, Lake Forest
LBFTC	Lake Forest Beach and Tennis Club, Lake Forest
LSC	Lakeview Senior Center, Irvine
RSC	Rancho Senior Center, Irvine
TRCP	Turtle Rock Community Park, Irvine
TUS	Tustin Area Senior Center, Tustin
TUS Legacy	Annex at Tustin Legacy



**Online Class Schedule:**  
[www.ivc.edu/emeritus](http://www.ivc.edu/emeritus)

**MySite Registration:** <https://link.ivc.edu/mysite>

**Canvas:** <https://canvas.ivc.edu>

### OFFICE OF EXTENDED EDUCATION

IVC at ATEP, 1624 Valencia Avenue, Tustin, CA 92782  
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