Irvine Valley College

In-person and Online Options!

Emeritus Institute Classes: Spring 2027

Course Dates: January 19 – May 25, 2027

No class 2/12, 2/15, 2/16, 3/22-3/26, 3/31

ART 403C: ART MEDIA (BEADING)

35007	T	Noon-2:50pm	1/19-5/25	Hernandez, A.	ONLINE
35006	T	6-8:50pm	1/19-5/25	Hernandez, A.	ONLINE
35008	F	9-11:50am	1/22-5/21	Hernandez, A.	RSC

ART 403C: ART MEDIA (WIRE WRAPPING)

35010	M	1–3:50pm	1/25-5/24	Sykes, E.	ONLINE
35011	W	9–11:50am	1/20-5/26	Sykes, E.	FSSC

ART 403C: ART MEDIA (DRAWING - ZANTANGLE®)

35012	W	1:30-4:20pm	1/20-5/26	Sykes, E.	ONLINE

ART 435C: WATERCOLOR PAINTING – BEGINNING

35003	F	9am-12:05pm	1/22-5/21	Gulino, M.	LSC

ART 430C: WATERCOLOR PAINTING – INT/ADV

35004	W	9am-11:50am	1/20-5/26	Gulino, M.	ONLINE
35005	Th	1-3:50pm	1/21-5/20	Gulino, M.	LBCC

MUS 400C: MUSIC APPRECIATION

NEW!	35009	W	1-3:50pm	1/20-5/26	Jacobs, L.	TUS

HLTH 400A: HEALTH AND FITNESS FOR MATURE ADULTS (1 HOUR PER WEEK)

BALANCE AND FLEXIBILITY

NEW!	34983	W	9–9:50am	1/20-5/26	Ovadia, J.	RSC

BALANCE AND MOBILITY

35078	W	12:30–1:20pm	1/20-5/26	Lawrence, L.	LFCH
34958	Th	10:30–11:20am	1/21-5/20	Lawrence, L.	LBCRC

CHAIR EXERCISE

34945	M	11:30am-12:20pm	1/25-5/24	Dickenson, K.	LFCH
34967	T	10-10:50am	1/19-5/25	Mastin, K.	LSC
NEW!	35134	W	11-11:50am	1/20-5/26	Pierce, M.	TUS
34972	Th	9-9:50am	1/21-5/20	Mastin, K.	LSC
34949	Th	12:30-1:20pm	1/21-5/20	Dickenson, K.	LFCH

CIRCUIT TRAINING

34965	M	10:30–11:20am	1/25-5/24	Mastin, K.	LFCH Patio
35038	M	1:00-1:50pm	1/25-5/24	Banham, R.	LFCH
35628	T	12:30–1:20pm	1/19-5/25	Dickenson, K.	LBCRC
NEW!	35628	T	12:30-1:20pm	1/19-5/25	Dickenson, K.	LBCRC
34959	Th	11:30am–12:20pm	1/21-5/20	Lawrence, L.	LBCRC
NEW!	34992	F	10-10:50am	1/22-5/21	Pierce, M.	HPCC

DYNA-BAND

34997	T	11:30am-12:20pm	1/19-5/25	Robitaille, J.	LFCH

JOINT HEALTH AND BALANCE

34953	M	2–2:50pm	1/25-5/24	Jimenez, J.	ONLINE

MOBILITY AND FLEXIBILITY

34954	T	9–9:50am	1/19-5/25	Jimenez, J.	ONLINE

PHYSICAL FITNESS

NEW!	35685	M	11-11:50am	1/25-5/24	Banham, R.	IDEA101
35039	M	2-2:50pm	1/25-1/24	Banham, R.	LFCH
34976	T	1–1:50pm	1/19-5/25	Messenger, L.	RSC
34977	W	9–9:50am	1/20-5/26	Messenger, L.	LSC
NEW!	35619	W	5:30-6:20pm	1/20-5/26	Banham, R.	IDEA101
34930	Th	1–1:50pm	1/21-5/20	Banham, R.	RSC

PILATES

34995	M	10:15–11:05am	1/25-5/24	Robitaille, J.	LBCC
34982	T	9–9:50am	1/19-5/25	Ovadia, J.	RSC
34996	T	10:30–11:20am	1/19-5/25	Robitaille, J.	LFCH
34998	W	10:15–11:05am	1/20-5/26	Robitaille, J.	LBCC
34979	Th	10:30–11:20am	1/21-5/20	Ovadia, J.	ONLINE
34999	F	10:15–11:05am	1/22-5/21	Robitaille, J.	LBCC

STRENGTH AND BALANCE

34944	M	10:30–11:20am	1/25-5/24	Dickenson, K.	LFCH
34946	T	11:30am-12:20pm	1/19-5/25	Dickenson, K.	LBCRC
34928	T	12:30-1:20pm	1/19-5/25	Banham, R.	LFCH
34947	W	10–10:50am	1/20-5/26	Dickenson, K.	LFBTC
35513	Th	3-3:50pm	2/4-5/20	Pierce, M.	TUS

Questions: 949-367-8343 or ivcemeritus@ivc.edu

NEW! 35513	Th	3-3:50pm	2/4-5/20	Pierce, M.	TUS
34991	F	9-9:50am	1/22-5/21	Pierce, M.	HPCC

STRENGTH AND CONDITIONING

34955	W	2–2:50pm	1/20-5/26	Jimenez, J.	ONLINE

STRETCH AND FLEXIBILITY

34929	T	1:30-2:20pm	1/19-5/25	Banham, R.	LFCH
34964	W	1:30-2:20pm	1/20-5/26	Lawrence, L.	LFCH
NEW! 34957	Th	9:30–10:20am	1/21-5/20	Staff	LBCRC

TAI CHI

34960	T	10-10:50am	1/19-5/25	Ma, M.	SCCCA

TAP DANCE

34931	T	9-9:50am	1/19-5/25	Bregozzo, D.	RSC
34932	T	10-10:50am	1/19-5/25	Bregozzo, D.	RSC
34933	T	11-11:50am	1/19-5/25	Bregozzo, D.	RSC

YOGA

34950	M	6-6:50PM	1/25-5/24	Pierce, M.	IDEA101
NEW! 34950	M	6-6:50PM	1/25-5/24	Pierce, M.	IDEA101
34994	Th	10–10:50am	1/21-5/20	Quibodeaux, N.	RSC
34990	Th	11:30am–12:20pm	1/21-5/20	Pierce, M.	LFCH
35157	F	11-11:50am	1/22-5/21	Pierce, M.	HPCC

HLTH 400B: HEALTH AND FITNESS FOR MATURE ADULTS (2 HOUR PER WEEK)

PHYSICAL FITNESS

34980	M	1-2:50pm	1/25-5/24	Ovadia, J.	ONLINE
34984	W	12:30-2:35pm	1/20-5/26	Ovadia, J.	LSC

STRENGTH AND PILATES

34981	T	2:30-4:20pm	1/19-5/25	Ovadia, J.	ONLINE

STRETCH AND FLEXIBILITY

34978	T/TH	9-9:50am	1/19-5/20	Messenger, L.	ONLINE

TAI CHI

34961	W	10-11:50am	1/20-5/26	Ma, M.	RSC
34962	W	1-2:50pm	1/20-5/26	Ma, M.	LFCH
35618	Th	9-10:50am	1/21-5/20	Ma, M.	SCCCA

YOGA

34934	W	11:30am-1:20pm	1/20-5/26	Burns, K.	LBCC
35618	Th	9-10:50am	1/21-5/26	Ma, M.	SCCCA

LINE DANCE

34938	M	10:30am– 12:35pm	1/25-5/24	Carlson, D.	TRCP

Recommended for Improver/Easy Intermediate

34940	M	10:30am– 12:20pm	1/25-5/24	Chung, J.	LSC

Recommended for High Beginner/Improver

34966	M	12:30–1:20pm	1/25-5/24	Mastin, K.	IDEA101

Recommended for Improver/Easy Intermediate

34942	M	2–3:50pm	1/25-5/24	Decker, D.	IDEA101

Recommended for Improver/Intermediate

35075	T	10–11:50am	1/19-5/25	Jackson, V.	IDEA101

Recommended for High Beginner/Improver/Easy Intermediate

35076	T	12–1:50pm	1/19-5/25	Jackson, V.	IDEA101

Recommended for Improver/Easy Intermediate/Intermediate

35000	T	10:30–11:20am	1/19-5/25	Turi, R.	LFCH

Recommended for Improver/Intermediate

35001	T	11:30–12:20pm	1/19-5/25	Turi, R.	LFCH

Recommended for Improver/Intermediate

34968	T	1:30–2:35pm	2/2-5/25	Mastin, K.	TUS

Recommended for Beginners

34936	W	10:30–11:20am	1/20-5/26	Carlson, D.	IDEA101

Recommended for High Beginner

34937	W	11:30am–12:20 pm	1/20-5/26	Carlson, D.	IDEA101

Recommended for Improver

34970	W	1–1:50pm	1/20-5/26	Mastin, K.	TUS Legacy

Recommended for Beginner/Improver

34971	W	2–2:50pm	1/20–5/26	Mastin, K.	TUS Legacy

Recommended for High Beginner/Improver

35002	Th	10–11:50am	1/21-5/20	Turi, R.	HPCC

Recommended for Intermediate

34973	Th	11-11:50am	1/21-5/20	Mastin, K.	IDEA101

Recommended for Beginner/Improver

34974	Th	1:30–2:20pm	1/21-5/20	Mastin, K.	LFCH

Recommended for Beginners

34943	Th	2–3:50pm	1/21-5/20	Decker, D	IDEA101

Recommended for Improvers/Intermediate

34941	F	10:30am–12:35pm	1/22-5/21	Chung, J.	LSC

Recommended for Beginners

34939	F	2-3:10pm	2/5-5/21	Carlson, D.	TUS

Recommended for High Beginner/High Improver

LOCATIONS

FSSC	Florence Sylvester Senior Center, Laguna Hills
HPCC	Heritage Park Community Center, Irvine
IDEA	IVC at ATEP, Tustin
LBCC	Laguna Beach Community Center, Laguna Beach
LBCRC	Laguna Beach Community and Recreation Center, Laguna Beach
LFCH	Lake Forest Clubhouse, Lake Forest
LFBTC	Lake Forest Beach and Tennis Club, Lake Forest
LSC	Lakeview Senior Center, Irvine
RSC	Rancho Senior Center, Irvine
TRCP	Turtle Rock Community Park, Irvine
TUS	Tustin Area Senior Center, Tustin
TUS Legacy	Annex at Tustin Legacy

Online Class Schedule: www.ivc.edu/emeritus

MySite Registration: https://link.ivc.edu/mysite

Canvas: https://canvas.ivc.edu

OFFICE OF EXTENDED EDUCATION

IVC at ATEP, 1624 Valencia Avenue, Tustin, CA 92782
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