



**Irvine Valley College**  
**Institutional Review Board**  
**Charter and Standard Operating Procedures**

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**Irvine Valley College  
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**INTRODUCTION**

Irvine Valley College (IVC) encourages and supports the scholarly endeavors of students, faculty, and staff. Pursuit of scholarly work and research often involves the participation of human subjects. That is, data is collected from humans. Irvine Valley College's Institutional Review Board (IRB) reviews research proposals that involve human subjects to ensure that the rights and welfare of human subjects are protected, that risks are considered and minimized, that the potential for benefit is identified and maximized, that all human subjects volunteer to participate in research after being provided with legally effective informed consent, and that any research is conducted in an ethical manner and in compliance with established standards. Those individuals who seek to conduct research with human subjects may not solicit participation or begin data collection until written clearance to conduct the research is provided by the IRB.

There are some research projects that involve human subjects that are exempt from IRB approval. The types of research generally exempted from IRB approval requirements include normal educational practices such as work undertaken as a part of a course, educational tests when the subjects are not identified, and surveys or interviews in which the subjects volunteer and are not identified in any way. Only the IRB can determine which research projects are exempted.

The IRB is responsible for overseeing compliance with procedures for carrying out the College's commitment to protect human subjects who participate in research. The role of the IRB is to review proposed research projects that involve the use of human subjects, ensure that the individuals involved in the project are treated ethically, ensure that all subjects are provided with substantial information about the study and consent to be a subject in the study, and that all private information is handled with confidentiality. The IRB is authorized to review, approve, require modifications in, or disapprove research activities conducted by or through Irvine Valley College.

The IRB does not evaluate the soundness of the proposed research study, the merits of the research design, nor the potential contribution of the research to the scholarly literature. Rather, the IRB is charged with evaluating each project's compliance with ethical standards in regard to issues such as informed consent, confidentiality, and any risk to the participants. In doing so, Irvine Valley College IRB may evaluate the soundness of the research with regard to its beneficence to society within the realm of balancing the benefits of the research above and beyond the risk to participants.

**I. INSTITUTIONAL AUTHORITY.**

This Charter and Standard Operating Procedures establishes and empowers the IRB. Currently, Irvine Valley College has one body of members registered with the federal Office for Human Research Protections (OHRP) as Institutional Review Board (IRB # IRB00009084). This body is hereinafter referred to as "the IRB", or the "IRB."

## II. PURPOSE.

The primary purpose of the IRB is to protect the welfare of human subjects used in research.

## III. BASIC PRINCIPLES.

A. The basic principles that govern the IRB in assuring that the rights and welfare of subjects are protected are contained in *Ethical Principles and Guidelines for the Protection of Human Subjects of Research* (“The Belmont Report”), and the National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research, April 18, 1979 [see <http://ohrp.osophs.dhhs.gov/humansubjects/guidance/belmont.htm>].

B. Therefore, the following principles apply to all research, including student projects that involve human subjects at Irvine Valley College. The aim is to ensure that adequate safeguards are provided and that:

1. Subjects’ legal rights will be respected; their rights to privacy, dignity, and comfort will also be considered in approving proposed research.
2. Risks to subjects will be reasonable in relation to anticipated benefits, if any, to subjects and the importance of the knowledge that may reasonably be expected to result.
3. Adequate provision(s) will be made so that all facilities, procedures, and attention is paid to protect individuals who become research subjects.
4. Adequate provisions will be made for recruiting a subject population that is representative of the population base in terms of gender and minority representation unless scientifically justified.
5. Research that involves human subjects will be supervised by qualified persons, including qualified clinicians for all study-related healthcare decisions.
6. Participation of a human subject in research will be voluntary and the right to withdraw at any time will be provided. Information provided to gain subject consent must be adequate, appropriate and presented in language understandable by the subject population.
7. All research programs that involve human subjects will be reviewed by and must receive approval of a formally constituted review committee *prior* to their initiation or *prior* to initiating any changes to the protocol (i.e., amendments, see IX.F.). Continuing research programs will be subject to periodic review, to be carried out no at least on a yearly basis.

#### IV. THE AUTHORITY OF THE IRB.

A. Irvine Valley College holds a Federalwide Assurance (FWA00028124) through Federal OHRP. As part of this Assurance, Irvine Valley College agrees to consider research involving the use of humans as research participants as being subject to federal regulations regardless of the source of funding, if one or more of the following apply:

1. The research is sponsored by this institution (unless the research is conducted at another institution with which IRVINE VALLEY COLLEGE has an “IRB Authorization Agreement” as specified in Irvine Valley College’s FWA), or
2. The research is conducted by or under the direction of any employee or agent of this institution (unless the research is conducted at another institution with which IRVINE VALLEY COLLEGE has an “IRB Authorization Agreement” as specified in Irvine Valley College’s FWA), or
3. The research is conducted by or under the direction of any employee or agent of this institution using any property or facility of this institution, or
4. The research involves the use of this institution’s non-public information to identify or contact human research subjects or prospective subjects.
5. The research does not involve children, pregnant women, or prisoners, as these populations are not covered in the college’s FWA through Federal OHRP.

In some instances, students may be involved in course activities such as questioning, participation in potentially stressful classroom exercises, observing, and/or interacting with other individuals. The **course instructor is responsible** for determining whether such activity requires Institutional Review Board (IRB) approval. If the instructor has any doubt concerning the classification of these activities, he/she should contact IVC’s IRB for approval and submit it along with the protocol and any accompanying consent form(s), cover letter(s), and/or questionnaire(s) in order to obtain the guidance of the IRB regarding these activities.

B. The IRB reviews all projects and programs involving human subjects in accordance with this Charter and Standard Operating Procedures, applicable federal regulations, and sponsor policies and guidelines.

C. The IRB provides continuing advice and counsel to personnel engaged in research activities that involve human subjects.

D. The IRB has approval authority of human subject protocols, and can disapprove, modify or approve studies based upon consideration of any issue it deems relevant to human subject protection. Research that has been approved by the IRB may be subject to further appropriate review and approval or disapproval by the chair.

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E. The IRB has authority to require progress reports from the investigators and oversee the conduct of the study.

F. The IRB has authority to suspend or terminate approval of a study, or to place restrictions on a study, when these interventions are deemed to be in the best interests of the human subjects in that study.

G. The IRB has authority to observe the informed consent process as practiced by any investigator or authorized person in any approved protocol, especially in cases where the consentor is from a vulnerable population.

H. The IRB has the authority to access, and to make copies of, records related to any research approved by the IRB (or another body under an IRB Authorization Agreement), regardless of the location of those records, for any reason. Where feasible, appropriate notice will be given of the need to review, copy or duplicate records while being sensitive to causing the least inconvenience or disruption of on-going research.

### **V. THE IRB'S FUNCTIONAL RELATIONSHIPS.**

A. The IRB functions administratively through the Office of Research, Planning and Accreditation. This structure provides for administrative coordination for the IRB with the various academic and administrative units at Irvine Valley College. Faculty members are approved by the Office of Instruction and the Academic Senate, and report back to the Academic Senate.

B. Where appropriate, the IRB majority or IRB chair advises and makes recommendations to the President, to policy and administrative bodies, and to any member of the Irvine Valley College community on all matters related to the use of human subjects in research.

### **VI. THE MEMBERSHIP OF THE IRB.**

A. The IRB is composed of five voting members. Alternates and non-voting members may also be appointed, with Alternates authorized to vote at convened meetings only in the absence of the member for whom they are the designated Alternate. Although an Alternate may be designated for more than one IRB member, each Alternate may represent only one regular member at a convened meeting. All appointments are reported to Federal OHRP. Alternates are required to attend meetings on a regular basis.

B. The IRB is composed of members with varying backgrounds and expertise in special areas. The composition of the IRB is to provide complete and adequate review of the research projects proposed. IRB members should possess not only broad specific competence sufficient to comprehend the nature of the research, but also other competencies necessary for judgments as to acceptability of the research in terms of South Orange County Community College regulations, relevant law, ethical standards, and standards of professional

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practice. Consultants may be used to review proposals for which additional expertise is needed, in accordance with following procedure:

1. Each Petition submitted to the IRB will be evaluated prior to being scheduled for initial review to determine whether special expertise is needed.
2. The determination and selection of whether special expertise is needed will be made by the full IRB, on the basis of the following criteria: the availability of a clinician in the same general specialty as that of a clinical protocol, the availability of behavioral expertise for the review of behavioral studies, and the availability of individuals (IRB members or consultants) with experience with particular vulnerable populations.
3. Alternate IRB members can be considered consultants to address item 2 above.
4. If a consultant is selected, her/his feedback will be in the form of a written report which will be shared with IRB members as soon as possible, before the initial review of the protocol.

C. The IRB must include both men and women, at least one member whose primary concerns are in science areas, one whose primary concerns are nonscientific areas, and at least one member who is not otherwise affiliated (either directly or through immediate family) with Irvine Valley College.

D. No person shall be excluded from serving on the IRB based on sex, race, creed, color or national origin.

### **VII. MANAGEMENT OF THE IRB.**

A. The IRB chair is an administrator. The chair has authority to sign all IRB action items.

B. The Chair is a voting member of the IRB and presides over all convened IRB meetings.

C. IRB members shall be appointed by the chair of the IRB for a period of three (3) years. However, the term of appointment may be terminated by notice of the Committee member or by notice from the chair to Academic Senate. Membership can be renewed after the expiration of the 3-year term. If a member finds that he/she is unable to attend meetings for an extended period, as a consequence of unavoidable conflicting activities, the IRB chair must be informed so that a replacement may be appointed. Additionally, members may be removed from the IRB before their term is completed for reasons of poor attendance for which there is not reasonable justification, or for other manifestations of unwillingness or incapability to serve the committee adequately or effectively. In either event, a replacement will occur. Tenure on the IRB may be extended by mutual agreement between the member and the chair with approval and notification to Academic Senate.

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D. All IRB members are required to undergo formal training at the time of their initial appointment. Training that satisfies this requirement is the on-line tutorial offered by a third-party company, CITI (or equivalent). The IRB chair maintains a log of training completion dates. Continuing education of IRB members is accomplished through periodic retraining to refresh knowledge, and/or upon expiration of CITI certification. IRB members must:

1. Complete the Conflict of Interest CITI Course
2. Complete the IRB Member (and/or Chair) CITI Course
3. Complete the Information Privacy and Security CITI Course
4. Complete the IRB Members – IRB Administration CITI Course
5. Complete the Responsible Conduct or Research Course

If needed, for a certain area of subject matter expertise, the IRB chair retains the right to assign education, for the greater protection of the college.

F. Liability coverage for IRB college members is provided through Irvine Valley College's liability insurance coverage.

G. Consultants with competence in special areas may be used when deemed appropriate.

H. Conflict of interest policy and procedure

1. Investigators shall not be involved in the selection of IRB members.
2. Investigators will be asked in Irvine Valley College's IRB Conflict of Interest form, "IRB Conflict of Interest Policy and Statement" whether they have a vested interest in any commercial enterprise associated with any aspect of the protocol, and, if yes, to fully explain and identify the safeguards taken to prevent investigator bias in subject recruitment and/or the consent process.
3. Investigators and IRB members who are IVC employees and who apply for federal grants and contracts are subject to the Irvine Valley College Conflict of Interest Policy.
4. The IRB chair will forward to the IRB any financial interest disclosures received in connection with proposals for extramural funding that involve human subjects.
5. Other conflict of interest guidelines specifically for IRB members are found in section XIV of this Charter and Standard Operating Procedures.

## **VIII. PROCEDURES OF THE IRB.**

A. Initial Review.

The Principal Investigators are required to undergo formal training prior to submission of a protocol to the IRB. Training that satisfies this requirement is the on-line tutorial offered by a third-party company, CITI (or equivalent). The IRB chair maintains a log of training completion dates. PIs must:

1. Complete the appropriate (related to study area) Human Subject Research CITI Course

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2. Complete the appropriate (related to study area) Information Privacy and Security CITI Course
  3. Complete the appropriate (related to study area) Responsible Conduct of Research CITI Course
1. No or Minimal Risk:

Protocols for **minimal risk** IRB review must be submitted thirty (**30**) days before the end of the Spring and/or Fall semester (no IRB review occurs during the Summer semesters). Under the auspices of the IRB, the chair will review Petitions eligible for “exempt” (see below) or expedited review or, if significant risk is inherent in the study, refer the Petition to the IRB for full board review. The chair can identify an IRB member as a designee to make this determination on a case by case basis.

Under federal regulations, certain types of research are exempt from federal policy unless the appropriate federal agency heads have determined otherwise [see [here](#)]. Exempt types of research may include:

(1) Research conducted in established or commonly accepted educational settings, involving normal educational practices, such as (i) research on regular and special education instructional strategies, or (ii) research on the effectiveness of or the comparison among instructional techniques, curricula, or classroom management methods.

(2) Research involving the use of educational tests (cognitive, diagnostic, aptitude, achievement), survey procedures, interview procedures or observation of public behavior, unless: (i) information obtained is recorded in such a manner that human subjects can be identified, directly or through identifiers linked to the subjects; and (ii) any disclosure of the human subjects' responses outside the research could reasonably place the subjects at risk of criminal or civil liability or be damaging to the subjects' financial standing, employability, or reputation.

(3) Research involving the use of educational tests (cognitive, diagnostic, aptitude, achievement), survey procedures, interview procedures, or observation of public behavior that is not exempt under paragraph (2) of this section, if: (i) the human subjects are elected or appointed public officials or candidates for public office; or (ii) Federal statute(s) require(s) without exception that the confidentiality of the personally identifiable information will be maintained throughout the research and thereafter.

(4) Research involving the collection or study of existing data, documents, records, pathological specimens, or diagnostic specimens, if these sources are publicly available or if the information is recorded by the investigator in such a manner that subjects cannot be identified, directly or through identifiers linked to the subjects.

(5) Research and demonstration projects which are conducted by or subject to the approval of Department or Agency heads, and which are designed to

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study, evaluate, or otherwise examine: (i) Public benefit or service programs; (ii) procedures for obtaining benefits or services under those programs; (iii) possible changes in or alternatives to those programs or procedures; or (iv) possible changes in methods or levels of payment for benefits or services under those programs.

(6) Taste and food quality evaluation and consumer acceptance studies, (i) if wholesome foods without additives are consumed or (ii) if a food is consumed that contains a food ingredient at or below the level and for a use found to be safe, or agricultural chemical or environmental contaminant at or below the level found to be safe, by the Food and Drug Administration or approved by the Environmental Protection Agency or the Food Safety and Inspection Service of the U.S. Department of Agriculture.

The IRB chair, not the investigator, shall make the determination as to whether a project is or is not exempt. To obtain an exemption, an investigator must Petition with an exemption request citing the specific exemption category and providing justification for the exemption.

Under federal regulations certain types of research qualify for an ‘expedited’ review [see <http://ohrp.osophs.dhhs.gov/humansubjects/guidance/expedited98.htm>]. These are activities that (1) present no more than minimal risk to human subjects, and (2) involve only procedures specified in federal regulations. The activities listed should not be deemed to be of minimal risk simply because they are included on this list. Inclusion on the list merely means that the activity is eligible for review through the expedited review procedure when the specific circumstances of the proposed research involve no more than minimal risk to human subjects.

The list of categories of research that may be reviewed by the IRB through an expedited review is as follows:

(1) Clinical studies of drugs and medical devices only when condition (a) or (b) is met.

(a) Research on drugs for which an investigational new drug application (21 CFR Part 312) is not required. (Note: Research on marketed drugs that significantly increases the risks or decreases the acceptability of the risks associated with the use of the product is not eligible for expedited review.)

(b) Research on medical devices for which (i) an investigational device exemption application (21 CFR Part 812) is not required; or (ii) the medical device is cleared/approved for marketing and the medical device is being used in accordance with its cleared/approved labeling.

(2) Collection of blood samples by finger stick, heel stick, ear stick, or venipuncture as follows:

(a) from healthy, non-pregnant adults who weigh at least 110 pounds. For

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these subjects, the amounts drawn may not exceed 550 ml in an 8 week period and collection may not occur more frequently than 2 times per week; or from other adults and children, considering the age, weight, and health of the subjects, the collection procedure, the amount of blood to be collected, and the frequency with which it will be collected. For these subjects, the amount drawn may not exceed the lesser of 50 ml or 3 ml per kg in an 8-week period and collection may not occur more frequently than 2 times per week.

(3) Prospective collection of biological specimens for research purposes by noninvasive means.

Examples: (a) hair and nail clippings in a non-disfiguring manner; (b) deciduous teeth at time of exfoliation or if routine patient care indicates a need for extraction; (c) permanent teeth if routine patient care indicates a need for extraction; (d) excreta and external secretions (including sweat); (e) un cannulated saliva collected either in an un stimulated fashion or stimulated by chewing gum-base or wax or by applying a dilute citric solution to the tongue; (f) placenta removed at delivery; (g) amniotic fluid obtained at the time of rupture of the membrane prior to or during labor; (h) supra- and subgingival dental plaque and calculus, provided the collection procedure is not more invasive than routine prophylactic scaling of the teeth and the process is accomplished in accordance with accepted prophylactic techniques; (i) mucosal and skin cells collected by buccal scraping or swab, skin swab, or mouth washings; (j) sputum collected after saline mist nebulization.

(4) Collection of data through noninvasive procedures (not involving general anesthesia or sedation) routinely employed in clinical practice, excluding procedures involving x-rays or microwaves. Where medical devices are employed, they must be cleared/approved for marketing. (Studies intended to evaluate the safety and effectiveness of the medical device are not generally eligible for expedited review, including studies of cleared medical devices for new indications.)

Examples: (a) physical sensors that are applied either to the surface of the body or at a distance and do not involve input of significant amounts of energy into the subject or an invasion of the subjects privacy; (b) weighing or testing sensory acuity; (c) magnetic resonance imaging; (d) electrocardiography, electroencephalography, thermography, detection of naturally occurring radioactivity, electroretinography, ultrasound, diagnostic infrared imaging, Doppler blood flow, and echocardiography; (e) moderate exercise, muscular strength testing, body composition assessment, and flexibility testing where appropriate given the age, weight, and health of the individual.

(5) Research involving materials (data, documents, records, or specimens) that have been collected, or will be collected solely for non-research purposes (such as medical treatment or diagnosis). (NOTE: Some research in this category may be exempt from

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federal regulations for the protection of human subjects. This listing refers only to research that is not exempt.)

(6) Collection of data from voice, video, digital, or image recordings made for research purposes.

(7) Research on individual or group characteristics or behavior (including, but not limited to, research on perception, cognition, motivation, identity, language, communication, cultural beliefs or practices, and social behavior) or research employing survey, interview, oral history, focus group, program evaluation, human factors evaluation, or quality assurance methodologies. (NOTE: Some research in this category may be exempt from federal regulations for the protection of human subjects. This listing refers only to research that is not exempt.)

(8) Continuing review of research previously approved by the convened IRB as follows:

(a) where (i) the research is permanently closed to the enrollment of new subjects; (ii) all subjects have completed all research-related interventions; and (iii) the research remains active only for long-term follow-up of subjects; or

(b) where no subjects have been enrolled and no additional risks have been identified; or

(c) where the remaining research activities are limited to data analysis.

(9) Continuing review of research, not conducted under an investigational new drug application or investigational device exemption where categories two (2) through eight (8) do not apply but the IRB has determined and documented at a convened meeting that the research involves no greater than minimal risk and no additional risks have been identified.

The IRB chair may recommend a protocol to the IRB for expedited review, for expedited review pending recommended changes/clarifications, or for review by the full board (see VIII A 1 for more detail). The IRB chair cannot “disapprove” of a protocol unless the submission was considered an external submission without a local sponsor (see IX H). The chair may also table action pending further information/clarifications. The IRB chair will inform the PI and, if applicable, the Faculty Advisor of its actions. Any disagreement between the PI and the IRB chair must be resolved by the fully convened IRB. The PI will be notified of the IRB decision by the chair.

If it is determined that one of these protocols require IRB review, it will be returned to the PI, with comments, for revision and submission to the full board. Upon receipt of the material from the PI, the IRB chair will distribute copies to each IRB member.

4. More Than Minimal Risk

Protocols for **expedited review** must be submitted thirty (**30**) days and protocols for **full review** must be submitted (**60**) days before the end of the Spring and/or Fall semester (no IRB review occurs during the summer). The PI must be available to discuss the protocol and/or consent forms at the discretion of the IRB.

5. Actions of the IRB:

The IRB may take one of the following four actions in regard to the proposed protocol and consent form: *Approved*, *Approved Subject to Restrictions*, *Tabled*, or *Disapproved*.

*Approved*

When a protocol has been approved, the Chair completes the “Action of the IRB” letter, signs and dates it, and distributes one copy of the form to the principal investigator, the IRB files, and, if appropriate, the performance site.

Approval of the protocol will be based on the following:

- a. The extent to which the protocol makes explicit in design and procedures the protection of subjects’ rights.
- b. Should a degree of deception and/or withholding of information be necessary for adequate testing of the hypotheses and in the absence of any practical alternative, sufficient justification that the potential benefits to the subject or the importance of the knowledge to be gained outweighs any potential risks that may be present as a result of any such deception.
- c. Assurances of acceptable debriefing, if appropriate. It is the responsibility of the PI to give each subject an explanation to questions ensuing from participation in the research project following its conclusion. It is strongly recommended that this occur immediately following participation for each subject, but if, in the judgment of the IRB, such information could adversely affect subsequent data collection in the same study, the full explanation may be delayed for a reasonable period of time.

There is an exception to this delay: In those cases in which it is unavoidable to mislead the subjects and/or in which it is possible that the experimental treatment may result in emotional stress for the subjects, it is mandatory that they receive a full debriefing immediately following participation.

- d. The adequacy of facilities and other resources necessary for completion of the study and protection of subjects’ rights.
- e. Anticipated benefits, if any.

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- f. The personal risk to the subject in relation to expected benefits.
- g. The adequacy of procedures for securing informed consent from the subject.
- h. The adequacy of measures for minimizing of risk and the protection of the health, safety, comfort, and legal rights of the subject.
- i. The adequacy of measures for protecting the privacy of subjects and maintaining confidentiality of data.

### *Approved Subject to Restrictions*

If the protocol is approved subject to restrictions, then the chair completes the “Action of the IRB” letter, signs and dates it, and distributes it to the PI as a protocol approved with restrictions. The PI then must respond to the restrictions as indicated by the IRB. Upon receipt and approval of the responses, the restrictions are removed and the protocol is then processed as an approved protocol and distributed as described above.

### *Tabled*

Tabled action means that the protocol was not sufficiently complete for the IRB to reach a final decision. In this case, the PI is notified by the chair of the IRB and the additional information necessary for completion of the IRB review is requested. In the case of a tabled protocol, the PI may be invited to attend an IRB meeting to present/clarify the protocol for the Board.

### *Disapproved*

If the protocol is disapproved, the PI will be informed in writing of the reasons for disapproval. The PI may revise and resubmit his/her protocol for another review.

## **B. Continuing Review.**

The IRB may conduct continuing review of research at intervals appropriate to the degree of risk, but not less than once per year. Principal Investigators will be informed of the due dates for progress reports by receipt of a “Continuing Review” notice. This “Continuing Review” notice and attached questionnaire are to be completed and returned to the Chair of the IRB along with the informed consent document currently in use with the project being reviewed. A brief summary of the activities from the preceding year shall also accompany the “Continuing Review” request. These items will be distributed to the full board, as appropriate, and the PI will be notified of the action taken (e.g., Approved, Approved Subject to Restrictions, etc.).

At the convened meeting when a Continuing Review request is submitted, the IRB shall consider the following: changes to the research, protocol deviations and violations, since the last scheduled review; adverse event reports; reports of unanticipated problems involving

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risks to subjects and, if available, data safety monitoring reports; and investigator compliance.

If the protocol and/or other documents used in the project have been amended, the PI will be requested to submit a new protocol incorporating these amendments if such have not previously been submitted.

Pursuant to Federal OHRP guidelines, the IRB approval period may be held constant from year to year throughout the life of each project. When continuing review occurs annually and the IRB performs continuing review within 20 contractual days before the IRB approval period expires, the IRB may retain the anniversary date as the date by which the continuing review must occur. However, if an investigator has failed to provide continuing review information to the IRB or the IRB has not reviewed and approved a research study by the continuing review date specified by the IRB, the research must stop, unless the IRB chair finds that it is in the best interests of individual subjects to continue participating in the research interventions or interactions, and this finding is ratified at the next convened IRB meeting. However, after the expiration of IRB approval, the protocol will be considered closed and enrollment of new participants cannot occur nor can any data collected be used for research purposes.

### **C. Procedures Pertaining to both Initial and Continuing Review.**

1. The IRB shall have authority to determine which studies need verification from sources other than the investigators that no material changes have occurred since previous IRB review, particularly: (i) complex projects involving unusual levels or types of risk to subjects; (ii) projects conducted by investigators who previously have failed to comply with the requirements of the HHS regulations or the requirements or determinations of the IRB; and (iii) projects where concern about possible material changes occurring without IRB approval have been raised based upon information provided in continuing review reports or from other sources.
2. PIs shall be informed at the time of protocol approval (both initial and continuing) that they must immediately bring to the attention of the IRB chair any proposed changes (amendments, see IX.F.), any unanticipated adverse events (see VIII.D), or any serious or continuing noncompliance in the program which may affect the status of the research as it relates to the use of human subjects;
3. PIs shall be informed at the time of protocol approval (both initial and continuing) that changes in approved research may not be initiated without IRB review and approval except where necessary to eliminate apparent immediate hazards to subjects;
4. PIs shall be informed at the time of protocol approval (both initial and continuing) that any serious or on-going problems are to be reported promptly to the IRB.
5. Serious or continuing noncompliance by an investigator, or any suspension or termination of activities, is to be reported promptly to the IRB chair so that appropriate remedial action can be taken, including, but not limited to, appropriate

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reporting to the granting agency.

### **D. Adverse Event Reporting Guidance.**

1. The Federal Office of Human Research Protections (OHRP) recognizes that any adverse event in a trial is a potentially important occurrence because it may reflect additional risks to subjects. In accordance with their requirements, these regulatory bodies have charged Institutional Review Boards with the responsibility of conducting continuing review of research. Included in this review is the monitoring of unexpected events (in terms of nature, severity, or frequency), adverse reactions (related or possibly related to study), and evidence that research places subjects or others at a greater risk of harm than previously known or recognized (including physical, psychological, economic, or social).
2. Unanticipated problems include subjects in the study, close relatives of the research subjects, and members of the research team.
3. The PI is responsible to submit any adverse event to the IRB within 5 business days of the occurrence or knowledge of the occurrence.  
(21 CFR 56.108 and 45 CFR 46.103).

## **IX. OPERATIONS OF THE IRB.**

A. There is at least one IRB meeting scheduled every semester.

B. The place and time of meeting, agenda, and study material to be reviewed are distributed to IRB members at least 14 days prior to the meeting.

C. If there is a protocol that is determined to need full board review, the IRB chair will assign one primary reviewer and at least one secondary reviewer for each new protocol that warrants full board review, who receive the complete study documentation for review. The primary reviewer is assigned consistent with protocol content and reviewer expertise. Secondary reviewer(s) may be assigned using additional factors such as their ability to provide a valuable perspective on salient non-scientific aspects of the research. The reviewers, who are assigned based on their expertise, lead the discussion of that protocol. Other IRB members have access to complete study documentation. If external reviewers are also assigned, they must be subject to the same conflict of interest policies as IRB members. Discussion and deliberation is done within the full board convening.

D. As part of its normal operations, the IRB chair can call an ad-hoc meeting with the majority of the full IRB to review procedures, education and training.

E. Voting requirements

1. Except when an expedited review procedure is used where the IRB chair has the authority to approve a study, a quorum of the convened IRB, duly convened through written notice, shall be a majority of voting members with varying backgrounds to promote complete and adequate review of research activities, including at least one member whose primary concerns are in nonscientific areas.
2. In order for the research to be approved, it shall receive the approval of a majority of those

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voting members present at the meeting. IRB meetings conducted via telephone conference call are permitted pursuant to Federal OHRP guidelines. The president and vice-presidents are informed of approved protocols.

3. Principal Investigators, including those who are also IRB members, may offer information and answer questions about their protocols at a convened meeting, but may not be present during voting (even if this means being unable to continue the meeting because of quorum requirements).

4. Although convened meetings of the IRB are open to the public, materials submitted for review, discussions of protocols, and individual votes are considered confidential and should not be discussed outside of the meeting context. If during an IRB meeting the chair moves the meeting to Closed Session then any visitors will be asked to leave the room until the Closed Session has ended.

### E. Appeals

The PI may appeal the decision of the IRB when a protocol has been disapproved or approved subject to restrictions and mutual agreement cannot be reached as to an acceptable alternative. Upon written notification of appeal from the PI, the IRB shall name an *ad hoc* committee of three or more faculty and/or consultants to review the protocol a second time. The *ad hoc* committee members must be acceptable to both the PI and the IRB. The protocol will be reviewed in accordance with the guidelines established herein and the decision of the *ad hoc* committee will be referred to the IRB. The PI will be promptly notified of actions of the *ad-hoc* committee and final action by the IRB. Final disapproval of the IRB cannot be overridden by any institutional official.

### F. Amendments

1. Amendments are categorized into minor changes and significant changes.

**Minor modification/change** - A proposed change in research related activities that does not significantly affect an assessment of the risks and benefits of the study and does not substantially change the specific aims or design of the study.

**Significant modification/change** - A proposed change in research related activities that significantly affects an assessment of the risks and benefits of the study or substantially changes the specific aims or design of the study.

Examples of **minor changes** to a research study include but are not limited to, the following:

- Addition or deletion of study team members;
- Addition of procedures that do not significantly increase risk to subjects, considering the original purpose and study design of the approved study;
- Removal of research procedures that would thereby reduce the risk to subjects;
- Addition of non-sensitive questions to invalidated survey or interview procedures;
- Addition of or revisions to recruitment materials or strategies;
- Administrative changes to the approved documents (e.g., correction of spelling,

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grammatical or typographical errors).

Examples of **significant changes** to a study may include, but are not limited to, the following:

- Addition of a new and/or separate subject population (e.g., control group, additional cohort, vulnerable population, etc.);
- Addition of research procedures that involve greater than minimal risk to subjects;
- Addition of surveys/questionnaires/interview procedures that could have adverse psychological consequences for subjects or damage their financial standing, employability, insurability, or reputation;
- Removal of follow-up visits that appear necessary for monitoring subject safety and welfare.

### 2. Level of Review for Amendments

Significant modifications/changes will generally be reviewed at the same level of review in which the study was first reviewed, either by the IRB Chair or by the full IRB.

However, if an amendment by the IRB Chair is determined to increase the level of risk beyond minimal risk, the IRB Chair will refer the amendment to the full IRB.

Minor modifications/changes may be reviewed and approved using an “administrative approval” process. Administrative approval may be given by the IRB chair. Such approvals are then put on the agenda of the next IRB or IRB Chair, as appropriate, for concurrence.

### 3. Sponsor Agency Modifications

Modifications can be made only to IRB approved studies. A sponsor agency may modify the research protocol before the study has received final approval from the IRB. If this occurs, it is recommended that investigators await receipt of the IRB approval letter before making changes to the research protocol.

Sponsor agency generated modifications (or addenda) require review and approval by the IRB or IRB Chair, as appropriate. The investigator should provide all sponsor documentation and summarize how the changes affect the approved protocol, recruitment, enrollment, treatment and follow-up of participants.

## G. Grievances

The IRB shall be informed of all grievances (e.g., of a research subject against a PI) and, if requested, the Board will act in an advisory capacity.

## H. External Submissions and Cooperative Activities

Protocols are considered external submissions if the PI is not an employee or student of Irvine Valley College. External submissions are only allowed if the PI identifies a sponsor of the project who is a current, full-time employee of Irvine Valley College who is not on leave. External submissions without a local sponsor will receive a “disapproved” action during initial review by the chair (or designee).

For submissions with an external PI and a local sponsor, the research project is considered a

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cooperative activity which involves Irvine Valley College and another institution. Normally, the research must be reviewed and approved by the IRBs at both institutions before it can be initiated. However, one institution may rely on the IRB of another institution in one of the following ways:

1. Both institutions have Federalwide Assurances (FWAs) approved by Federal OHRP;
2. Both institutions have entered into an Authorization Agreement (or equivalent document) that stipulates the responsibilities of both parties; and
3. The appropriate section of the FWA of the deferring institution designates the IRB of the approving institution.

The chair (or designee) of IVC's IRB will make the determination of the acceptance of another institution's IRB or the need for the research project to get approval by both institutions during initial review.

### **X. RECORD REQUIREMENTS.**

A. The IRB prepares and maintains adequate documentation of its activities, including the following:

1. Copies of all research proposals reviewed and scientific evaluations, if any, that accompany the proposals, approved sample consent documents, progress reports submitted by investigators, and reports of injuries to subjects.
2. Detailed minutes of meetings, showing:
  - a. Members present (any consultants/ guests/others shown separately).
  - b. Results of discussions on debated issues and record of IRB decisions.
  - c. Record of voting (showing votes for, against and abstentions).
3. Records of continuing review activities, updated consent documents and summaries of on-going project activities. Consent documents are stamped to show IRB approval and date of approval expiration.
4. Copies of all correspondence between IRB and the investigators.
5. Any statements of significant new findings (unanticipated risks or adverse reactions) provided to subjects.
6. Adverse reactions reports and documentation that the IRB reviews such reports.
7. Emergency use reports.

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8. General project information provided to subjects (e.g., fact sheets, brochures).

These documents and records shall be retained for at least three (3) years after completion of the research, and the records shall be accessible for inspection and copying by authorized representatives of the Department of Health and Human Services, the Food and Drug Administration, the Department of Veterans Affairs, and other federal regulatory agencies, at reasonable times and in a reasonable manner.

In addition, the IRB maintains a permanent record of the list of current members, written procedures, and self-assessments.

B. All forms submitted or retained as evidence of informed consent must be preserved by the investigator indefinitely. Should the PI leave Irvine Valley College, signed consent forms are to be transferred to the IRB chair.

### **XI. INFORMATION THE INVESTIGATOR PROVIDES TO THE IRB.**

- A. Completed IRB Application Package which consists of
  1. Application for Approval of Human Participant Research
  2. Bio-sketch
  3. Local Sponsor Form (if appropriate)
  4. IRB Approval from External College/University (if appropriate)
  5. Recruitment Documents (Letter, Email, Flyer, or any other)
  6. Informed Consent Form(s)
  7. Instruments (surveys, questionnaires, interview protocol, etc.)
  8. Evidence of Completion of Collaborative Institutional Training Initiative (CITI) for the following courses (instructions can be found here) for all participating researcher (PI, Co-PIs, and researchers):
    - i. Complete the appropriate (related to study area) Human Subject Research CITI Course
    - ii. Complete the appropriate (related to study area) Information Privacy and Security CITI Course
    - iii. Complete the appropriate (related to study area) Responsible Conduct of Research CITI Course

### **XII. PRINCIPLES OF INFORMED CONSENT.**

A. When an activity does not involve therapy, diagnosis, or management, and a professional/subject relationship exists, e.g., participation in a research project, the subject is entitled to certain information. This information includes a full and frank disclosure of all the facts, probabilities, options, and opinions which a reasonable person might be expected to consider before giving his/her consent. A copy of the signed consent form must be given to the person signing the form and a copy must be kept on file with the investigator or Irvine Valley College as indicated below.

B. The informed consent of subjects will be obtained by methods that are adequate and appropriate. Consent must be obtained from the subjects themselves except when the subjects are not legally capable of giving informed consent because of age, mental incapacity, or inability to communicate. In the case of a minor, pregnant women or

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prisoner, the college's FWA does not cover these populations, and the IRB may not accept the permission of a minor's parents (or parent) or legal guardian. In the case of other subjects not legally capable of giving informed consent, the IRB may accept the consent from a legally authorized representative ("LAR"). The LAR must be authorized either by a power of attorney or a court order.

C. "Informed consent" means insuring that potential subjects and/or their legally authorized representatives are fully informed of all aspects of their participation in a research project so as to be able to exercise free power of choice without undue inducement or any element of force, fraud, deceit, duress, or other form of constraint or coercion. The basic elements of information necessary to such consent are found at <http://ohrp.osophs.dhhs.gov/humansubjects/guidance/45cfr46.htm#46.116>.

The IRB may approve a telephonic consent procedure under which the subject's legally authorized representative ("LAR") is sent a faxed or hand-carried version of the informed consent document, a consent interview is conducted by phone while the LAR has the document in hand, and the LAR signs and returns the signed document to the investigator by return fax (or courier) before the subject is enrolled in the study. In cases where this process is used, a witness who is not connected to the study (e.g., as an investigator, coordinator, etc.) should monitor the consent process.

D. The IRB shall determine whether the consent is adequate in light of the risks to the subject and the circumstances of the research. The IRB shall also determine whether the information to be given to the subject or to qualified third parties, verbally or in writing, is a fair explanation of the procedure, its possible benefits, and its attendant hazards. Where debriefing procedures are considered as a necessary part of the research plan, the IRB will ascertain that any such debriefings will be complete and prompt. In addition, the language used should be clear and unambiguous with every attempt to eliminate technical terms and jargon (i.e., use lay language appropriate to the subject population).

E. For research involving more than minimal risk to subjects or if determined by the IRB during the ordinary review process to involve more than minimal risk, a compensation for injury statement will be required in the consent form. This statement should clarify who is responsible for any costs associated with any medical treatments required or any personal compensation for injuries received as a result of participation in the research.

F. Some research may not impose on the rights and welfare of human subjects so as to make informed consent a requirement. Therefore, the IRB may choose to waive the requirement to obtain a signed consent form for some or all subjects in some cases when it finds either:

1. That the only record linking the subject and the research would be the consent document and the principal risk would be potential harm resulting from a breach of confidentiality. Each subject will be asked whether the subject wants documentation linking the subject with the research, and the subject's wishes will govern; or
2. That the research presents no more than minimal risk of harm to subjects and involves no procedures for which written consent is normally required outside of the research context. In cases where the documentation requirement is waived, the IRB

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may require the investigator to provide subjects with a written statement regarding the research (e.g., a cover letter). Examples of such research where use of a cover letter is generally appropriate are collecting data by survey or interview.

Any waiver of documentation by the IRB must be based upon clearly defensible grounds. A request for waiver of documentation by the PI must include justifiable reasons in the protocol.

The IRB may also choose to approve a consent procedure which does not include, or which alters, some or all of the elements of informed consent, or waive the requirements to obtain informed consent provided the IRB finds and documents that:

- (1) The research involves no more than minimal risk to the subjects;
- (2) The waiver or alteration will not adversely affect the rights and welfare of the subjects;
- (3) The research could not practicably be carried out without the waiver or alteration; and
- (4) Whenever appropriate, the subjects will be provided with additional pertinent information after participation.

G. Informed consent need not be based on full pre-study information. However, it is the responsibility of the IRB to set limits on the incompleteness of such information. Further, in those studies in which it is proposed to mislead the subjects during data collection, the IRB has the responsibility of assessing the degree to which this violates the rights of the subjects, and then setting the limits for such procedures.

### **XIII. STUDENT ENGAGED RESEARCH**

A. Undergraduate research is to be encouraged. Learning the human subjects process is an important part of a college education. Undergraduates are to be strongly discouraged from engaging in research that poses more than minimal risk to subjects, as they are unlikely to have received sufficient training or experience at Irvine Valley College to safely conduct such research. Faculty members can encourage course research activities such that students become familiar with developing research proposals that can fall into the exempt or expedited categories.

#### **B. Procedures**

*1.* Classroom projects that involve systematic collection of data and for which the research objective or design is to develop or contribute to generalizable knowledge are considered research. If the student plans to use the data outside of the classroom, then the project is considered research. Such projects should be reviewed by the IRB. All undergraduate research proposals should be submitted to the Chair of the College IRB at the college.

*2.* Classroom projects that are designed with the objective of providing students with training about and experience with research methods are not considered research. In

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these cases, students will not use the data outside of the classroom. Such projects do not require IRB review.

3. Classroom projects that include children, pregnant women or prisoners are not covered under the college's FWA. Therefore, student engaged research that includes these populations and where the data is used outside of the classroom is considered non-compliant and may be subject to reporting to the federal office of OHRP.

### **C. Responsibility of Faculty as Course Instructors**

1. Faculty are responsible for overseeing their student's conduct of a research project. They have the primary responsibility for ensuring that human subjects are treated ethically in research.

2. Faculty will inform students of the ethical principles for the protection of human subjects in research. This includes providing students with training about human subjects research through the IRB online training course with CITI.

3. Faculty are responsible for contact IRB if they suspect or engage in any kind of research with vulnerable populations: pregnant women, children, prisoners.

4. Sponsoring faculty are responsible for student research and thus must serve as the Principal Investigator (PI) and provide his/her signature on the application (American Psychological Association). The student can be identified as the Co-PI.

### **D. Theses and Dissertations**

Research for honor's theses, master's theses, dissertations, and independent research studies is not considered classroom research. As such, these proposals must comply with the usual IRB review procedures.

## **XIV. CONFLICT OF INTEREST GUIDELINES FOR IRB MEMBERS.**

A. An IRB member is said to have a conflicting interest whenever that IRB member, or spouse, or dependent child of the member:

1. Is an investigator or sub-investigator on the protocol;
2. Has a "significant financial interest" in the sponsor or agent of the sponsor of a study being reviewed by the IRB, whereby the outcome of the study could influence the value of the financial interest see Irvine Valley College Conflict of Interest Policy. It can be found on the Irvine Valley College IRB website.
3. Acts as an officer or a director of the sponsor or an agent of the sponsor of a study being reviewed by the IRB; or
4. Has identified him- or herself for any other reason as having a conflicting interest.

B. It is the responsibility of each IRB member to identify and avoid any situations in which he or she, either personally or by virtue of their position, might have a conflict of interest, or may be perceived by others as having a conflict of interest, arising in connection with a matter before an IRB of which they are a member. If assigned as a reviewer for a matter with which the IRB member feels that he or she may have a conflict of interest, the IRB member must notify the IRB Chair immediately so the matter may be reassigned to another reviewer. In order not to delay the review process, it is essential that potential reviewers peruse the matters for

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which they are assigned reviewers immediately upon receipt to determine whether they may have a conflict.

C. Typically, there are three distinct phases of an IRB's consideration of a matter: discussion, deliberation and actions (including vote). In general, IRB member(s) who have a real, or perceived conflict of interest may remain in the meeting room, at the discretion of the IRB Chair, during the discussion of the matter, in order to provide answers to questions, clarifications, etc. However, said member must leave the meeting room for deliberations and actions/votes regarding the matter.

D. Minutes of IRB meetings will reflect the absence of a member (by name) when he or she leaves the meeting during deliberations and actions regarding matters for which they have, or may be perceived to have, a potential conflict of interest.