

# WOMEN'S STUDIES

School of Guidance and Counseling

**Dean:** Elizabeth L. Cipres, Ed.D.

**Academic Chair:** Tiffany Tran

**Faculty:** Mary McCarthy, Julie Pearce, Bari Rudmann

## CURRICULUM

The women's studies curriculum engages the humanities, natural sciences, social sciences, and arts in an exploration of the history, biology, roles, status, writing, and art of women. The curriculum includes courses that take up subjects of academic interest as well as courses designed to provide students with assistance and support as they examine career choices and goals. Students investigate feminist theory and consider alternatives for men and women in our culture.

## MAJOR

Courses offered in the women's studies curriculum meet general education requirements in lifelong health and personal development and social sciences, and they may be applied toward a major in women's studies for the Associate in Arts degree.

## CAREER OPTIONS

Examples of careers for the women's studies major include the following:

- Community Organizer
- Lobbyist
- Program Director
- Teacher

## ASSOCIATE DEGREE

### • Associate in Arts Degree in Women's Studies

Students must complete a minimum of 60 units of credit, including the courses in the major ("Major Requirements") and general education requirements (pages 36-43), with an overall GPA of 2.0 or better. A minimum of 12 units must be completed at Irvine Valley College. See pages 32-35 for further information.

## TRANSFER PREPARATION

Courses that fulfill major requirements for an associate degree at Irvine Valley College may not be the same as those required for completing the major at a transfer institution offering a baccalaureate degree. Students who plan to transfer to a four-year college or university should (1) refer to the University Studies major (page 231) and "Transfer Planning" (page 47); (2) consult the catalog of their prospective transfer institution (see the IVC Transfer Center for assistance); and (3) schedule an appointment with an IVC counselor to develop a plan of study before beginning their program. It may be helpful to meet with the department faculty at IVC.

## COURSES

### WS 10: INTRODUCTION TO WOMEN'S STUDIES

**3 Units**

**3 hours lecture**

**Transfers:** CSU, UC

This course introduces women's studies as an academic discipline. It explores the history of the women's movement, women's influence in the work force, issues in women's health, female sexuality, and the development of women's power and autonomy. The course investigates the principles of feminist theories and applies these theories to a variety of topics. NR

### WS 100: AWARENESS OF THE FEMALE EXPERIENCE

**3 Units**

**3 hours**

**Transfers:** CSU

This course explores the experiences of women and the perspectives women have on their lives and on themselves in the context of their world. The course will investigate such topics as gender, relationships, "women's work," self-esteem, ethnicity and biculturalism, notions of beauty, feminism, the formation of self-concept, and the changing roles of women in our society. It will deal with women's experiences and perspectives across the stages of their lives, and the influences that help shape these. The course will emphasize the importance of self-awareness in increasing personal power, building confidence, and raising self-esteem. It is designed to benefit both women and men. NR

### WS 120: WOMEN/CAREERS AND LIFESTYLE

**3 Units**

**3 hours lecture**

**Transfers:** CSU

This course offers women and men an opportunity to make career decisions while addressing gender expectations, responsibilities, and multiple life roles and relationships. The course considers popular stereotypes of women working in and out of the paid labor force and addresses such "women's issues" as gender differences in occupation, earnings, and income; power and status inequalities between women and men; marriage and divorce; childbearing; and parental responsibilities. The course focuses on the re-entry head of household and single parent seeking to balance various roles as they pursue their college education and/or career. Students will integrate their interests, abilities and values as they make decisions about career opportunities. NR

## MAJOR REQUIREMENTS: WOMEN'S STUDIES

### Associate in Arts Degree

Complete a minimum of 18 units from the following courses:

	Units
<b>ANTH 21</b> Women and Culture	3
<b>ART 21</b> Women in Art	3
<b>LIT 45</b> Women in Literature	3
<b>PSYC 21</b> The Psychology of Women	3
<b>SOC 21</b> Women in Contemporary Society	3
<b>WS 10</b> Introduction to Women's Studies	3
<b>WS 100</b> Awareness of the Female Experience	3
<b>TOTAL UNITS:</b>	<b>18</b>