

# PSYCHOLOGY

SCHOOL OF SOCIAL AND BEHAVIORAL SCIENCES

**Dean:** Susan Corum

**Academic Chair:** Martha Stuffer

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## CURRICULUM

Psychology courses at Irvine Valley College provide academic instruction in basic psychological concepts, theories, terminology and research methods, and promote students' life skills, personal growth and interpersonal effectiveness.

## MAJOR

Students majoring in psychology at the lower-division level focus on understanding human personality and behavior and on researching psychological issues of current concern. The critical insight that psychology requires makes the major especially appropriate for those considering careers in any of the helping professions, in teaching, or in behavioral research; or for those seeking a widely applicable liberal arts background.

## PSI BETA: NATIONAL HONOR SOCIETY IN PSYCHOLOGY

Psi Beta is the National Honor Society in Psychology for community college students. Irvine Valley College has an active chapter. Students take part in professional psychology conferences, service projects, field trips and social events. They also explore careers in psychology and learn about B.A., M.A. and Ph.D. programs.

To qualify for membership in Psi Beta, students must have completed at least one college psychology course with a grade of "B" or higher, have completed 12 semester units and have a cumulative grade point average of 3.0. After paying a one-time only fee, membership is for life. Interested students may call advisor Dr. Jerry Rudmann at (949) 451-5387.

## DEGREE OPTION

### • Associate in Arts Degree in Psychology

Students must complete a minimum of 60 units of credit, including the courses in the major ("Major Requirements") and general education requirements (pages 56-61), with an overall GPA of 2.0 or better. A minimum of 12 units must be completed at Irvine Valley College. See pages 52-54 for further information.

## TRANSFER PREPARATION

Courses that fulfill major requirements for an associate degree at Irvine Valley College may not be the same as those required for completing the major at a transfer institution offering a baccalaureate degree. Students who plan to transfer to a four-year college or university should (1) refer to the University Studies major (page 182) and "Transfer Planning" (page 63); (2) consult the catalog of their prospective transfer institution (see the IVC Transfer Center for assistance); and (3) schedule an appointment with an IVC counselor to develop a plan of study before beginning their program. It may be helpful to meet with the department faculty at IVC.

## MAJOR REQUIREMENTS: PSYCHOLOGY

### ASSOCIATE IN ARTS DEGREE

<b>Complete the following courses:</b>		<b>Units</b>
<b>BIO 11</b>	Human Anatomy	4
<b>OR</b>		
<b>BIO 1/1L</b>	Principles of Biology/ Laboratory	4
<b>MATH 10</b>	Introduction to Statistics	3
<b>OR</b>		
<b>PSYC 10</b>	Statistical Methods in the Behavioral Sciences	3
<b>PSYC 1</b>	Introduction to Psychology	3
<b>PSYC 2</b>	Research Methods in Psychology	3
<b>PSYC 133</b>	Psychology of Adjustment	3
<b>SOC 1</b>	Introduction to Sociology	3

### Complete any one of the courses below:

<b>ANTH 2</b>	Cultural Anthropology	3
<b>BIO 5</b>	Principles of Zoology	4
<b>BIO 12</b>	Human Physiology	3
<b>CHEM 1A</b>	General Chemistry	5
<b>CIS 30</b>	BASIC Programming	4
<b>MATH 9</b>	Finite Mathematics	3
<b>PHIL 1</b>	Introduction to Philosophy	3
<b>PSYC 3</b>	Physiological Psychology	3
<b>PSYC 5</b>	Psychological Aspects of Human Sexuality	3
<b>PSYC 7</b>	Developmental Psychology: Childhood and Adolescence	3
<b>PSYC 21</b>	The Psychology of Women	3
<b>PSYC 30</b>	Social Psychology	3
<b>PSYC 37</b>	Abnormal Behavior	3

**TOTAL UNITS: 22-24**

**Recommended electives:** Any courses noted above that have not been used to fulfill the major requirement.

## COURSES

### **PSYC 1: Introduction to Psychology**

3 Units

3 hours

This course is an introduction to the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology. (CAN PSY 2) NR

### **PSYC 2: Research Methods in Psychology**

3 Units

2.5 hours lecture, 1.5 hours lab

*Prerequisite:* Psyc. 10 or Math 10

*Recommended Preparation:* Psyc. 1

This course introduces students to psychological research methods and critical analysis techniques that may be applied to diverse research studies and issues. The course is recommended as the third course in the psychology major sequence following completion of the introductory course (Psychology 1) and the statistical methods in the behavioral sciences course (Psychology 10). NR

### **PSYC 3: Physiological Psychology**

3 Units

3 hours

*Recommended Preparation:* Psyc. 1

This course is an introduction to the interaction of physiology and behavior. Students will examine the role of neuroanatomy, endocrinology, and pharmacology in human behavior, emotions, and cognition. The course is recommended for students majoring in psychology. NR

### **PSYC 5: Psychological Aspects of Human Sexuality**

3 Units

3 hours

*Recommended Preparation:* Psyc. 1

This course examines the development and practice of human sexual behavior. The course focuses on the historical, psychological, and psychosocial aspects of human sexuality from childhood to old age. The course will specifically examine human sexual anatomy, fulfillment differences between males and females, sexual dysfunction, and corrective therapy. NR

### **PSYC 7: Developmental Psychology: Childhood and Adolescence**

3 Units

3 hours

*Recommended Preparation:* Psyc. 1

This course presents a study of human development from conception through adolescence within cultural and family contexts. It examines physical, cognitive and psychosocial development, both typical and atypical. It introduces students to the theories, research, and applications that constitute the field of child development by examining both traditional approaches and recent innovations. Students have the opportunity for observational study and direct classroom experience with children. The course is of particular interest to students preparing for a career working with children. Psychology 7 is also listed as Human Development 7; credit given in either area, not both. The course meets Title 22 licensing requirements for childcare providers. NR

### **PSYC 10: Statistical Methods in the Behavioral Sciences**

3 Units

3 hours

*Prerequisite:* Math 253

This course presents the statistical concepts and methods most widely used in behavioral and social science research. Students study the principles of descriptive and inferential statistics, concentrating on the correct analysis of data relating to practical behavioral problems, and the assumptions underlying statistical inferences. The course is recommended as the second course in the psychology major sequence following completion of the introductory course (Psychology 1) and is intended to build an adequate foundation for the study of research methods as presented in the third course (Psychology 2). UC credit provisions (see UC course list). NR

### **PSYC 21: The Psychology of Women**

3 Units

3 hours

This course is an introduction to the psychology of women. The course explores gender distinctions and gender roles and their psychological, biological, and social influences. The emphasis is on methods used by psychologists to study women and how scientific and cultural assumptions about the sexes are reflected in psychological research. NR

### **PSYC 30: Social Psychology**

3 Units

3 hours

*Recommended Preparation:* Psyc. 1 or Soc. 1

This course is a survey of the major theories, concepts, and empirical research findings in social psychology. The course examines the relationship between the individual and group, and engages such topics as social beliefs and judgments, social influence, conformity, persuasion, prejudice, aggression, and altruism. Psychology 30 is also listed as Sociology 30; credit will be given in either area, not both. NR

### **PSYC 37: Abnormal Behavior**

3 Units

3 hours

*Recommended Preparation:* Psyc. 1

This course provides an introduction to the major maladaptive patterns of human behavior, theory and research exploring the causes of maladaptive behavior, and research comparing the effectiveness of various treatment methods. NR

### **PSYC 133: Psychology of Adjustment**

3 Units

3 hours

This introductory course in adjustment and relationships explores cognitive and behavioral approaches to the understanding of human functioning (e.g., personality development, interpersonal relationships, and self-motivation). Students apply course concepts to commonly faced problems and the management of their own behavior. NR

### **PSYC 160: Psychology as a Major and a Profession**

1 Unit

1 hour

*Recommended Preparation:* Psyc. 1

This course introduces students to the profession of psychology, focusing particularly on the types of psychologists and the activities performed by these individuals. The course is designed especially for students at the sophomore level or above who have completed the introductory psychology course and are seeking further information before deciding upon psychology as a potential major or career. NR