

Dance

The Curriculum

The dance curriculum focuses not only on training the student who wishes to transfer to a four-year institution in dance or achieve an associate degree in dance but also on providing opportunities for students in other fields to learn about dance. Many dance courses also meet general education requirements in the arts, humanities, health and wellness, and cultural diversity categories. There are numerous opportunities for students of all levels and interests to perform by enrolling in the dance rehearsal and performance class or participating in one of the performing groups. The curriculum includes technique courses in ballet, modern dance, jazz dance, tap, social dance, and African dance; conditioning for dance; an overview class, Introduction to Dance; and academic courses in choreography, music for dance, and dance history.

The performing groups—including the IVC Dance Ensemble and the Dance Club—perform both on campus and at other venues. Each spring, the Dance Ensemble tours to other colleges. Participation in formal concerts, held at the Irvine Barclay Theatre and/or other theatres, is by audition and enrollment in the dance rehearsal and performance class.

The Associate Degree Major

The associate degree in dance is designed for students who intend to transfer to a four-year institution or those wanting to pursue dance seriously as a career. The major concentrates on developing the student's technical ability to at least the intermediate level in modern dance, ballet, and jazz dance, with elective courses in tap, African, and/or social dance. Students are also required to complete courses in music for dance, choreography, dance history, conditioning for dance, and dance rehearsal and performance. In addition to the performance opportunities noted above, each year both faculty and students are selected to participate in various choreographic and performance festivals, competitions, and events, such as the American College Dance Festival and the World Jazz Congress. Selection is based upon the quality of performers and choreography. The entire course of study for the dance major is detailed below.

If you intend to transfer:

Courses that fulfill major requirements for an associate degree at Irvine Valley College may not be the same as those required for completing the major at a transfer institution offering a baccalaureate degree. If you plan to transfer to a four-year college or university, you should (1) refer to the transfer section of this catalog, (2) consult the catalog of your prospective transfer institution (see the IVC Transfer Center for assistance), and (3) schedule an appointment with an IVC counselor to develop a plan of study before you begin your program. In addition, it may be helpful to meet with the appropriate department faculty at IVC.

If you plan to complete an associate degree or occupational certificate:

You must complete the following set of courses to fulfill the major requirement and, in addition, meet the general education requirements listed on page 21 for the Associate in Arts (A.A.) degree. Refer to page 16 for additional options for fulfilling the major requirements.

(major begins on next page)

The Faculty

Amy Cady

Marie De La Palme

Pauline Hagino

Khaleah London

Kathryn Milostan-Egus

Robert Salas

Holly Scheall-Mehling

DANCE MAJOR

(A.A. Degree)

Complete the following courses:		Units
DNCE 50	Conditioning for Dance	1
DNCE 55	Choreography I	3
DNCE 65	Dance Rehearsal and Performance	2.5
DNCE 77	Dance History: Twentieth Century	3
DNCE 85	Music for Dance	3
Complete a minimum of 4 units total with at least 1 unit in Dance 7:		
DNCE 6	Ballet I	0.5 or 1
DNCE 7	Ballet II	0.5 or 1
Complete a minimum of 4 units total with at least 1 unit in Dance 13:		
DNCE 12	Modern Dance I	0.5 or 1
DNCE 13	Modern Dance II	0.5 or 1
Complete a minimum of 1 unit total from the following:		
DNCE 17	Jazz Dance I	0.5 or 1
DNCE 18	Jazz Dance II	0.5 or 1
Select a minimum of 1 unit from the following Dance Technique courses:		
DNCE 22	Tap Dance I	0.5 or 1
DNCE 23	Tap Dance II	0.5 or 1
DNCE 30	African Dance	0.5 or 1
DNCE 36	Social Dance	0.5 or 1
Total units:		22.5

Dance Courses

DNCE 1 0.5 or 1 unit

INTRODUCTION TO DANCE

This course gives students the opportunity to learn various dance forms at the introductory level. It is designed for students with no dance experience as well as dance students who want to be introduced to dance forms new to them. Examples of dance forms that may be included are hip-hop, jazz dance, ballet, improvisation, African dance, and social dance. The course will focus on exploring the differences and similarities among styles and techniques while also developing coordination, flexibility, strength, and postural alignment. Movement studies and improvisations that deal with shapes, space, time, and energy—four main dance principles—will encourage each student's creativity and individuality. UC credit provisions (see UC course list). R-E-3

Lab hours: 2 or 3

DNCE 6 0.5 or 1 unit

BALLET I

Beginning Ballet introduces the student to the basic ballet positions, movements, and combinations. It also provides an introduction to the history of ballet. A combination of Dance 6 and 7 may be taken a total of four times. R-E-3

Lecture hours: 0.5 Lab hours: 1 or 2.5

DNCE 7 0.5 or 1 unit

BALLET II

Intermediate Ballet is designed to advance the level of understanding and technical performance of the student who has mastered the basic skills of ballet. Students will learn advanced barre techniques and practice on point *port de bras*, ballet turns, jumps with turns, and increasingly difficult connecting movements. A combination of Dance 6 and 7 may be taken a total of four times. R-E-3

Lecture hours: 0.5 Lab hours: 1 or 2.5

DNCE 12 0.5 or 1 unit

MODERN DANCE I

This course is designed to develop the student's ability to integrate expressive body movements in a creative dance form. Fundamental modern dance locomotor and axial movements are presented and practiced in class. The emphasis will be on developing dance skills and techniques; conditioning the body by improving posture, flexibility, strength, and coordination; and moving through a combination of movement patterns. A combination of Dance 12 and 13 may be taken a maximum of four times. R-E-3

Lecture hours: 0.5 Lab hours: 1 or 2.5

DNCE 13 0.5 or 1 unit

MODERN DANCE II

This course is designed to improve the student's intermediate-level modern dance skills; to integrate basic principles of movement in a rhythmic manner; and to develop the student's ability to choreograph dance sequences. A combination of Dance 12 and 13 may be taken a maximum of four times. R-E-3

Lecture hours: 0.5 Lab hours: 1 or 2.5

DNCE 17 0.5 or 1 unit
JAZZ DANCE I
This course is designed both for students with no dance experience and for experienced dancers wishing to perfect basic jazz dance skills. Fundamental jazz dance techniques are presented and practiced in class, informed by historical and stylistic perspectives of this dance form. Emphasis is placed on class participation so that students may develop their knowledge and understanding of the physical demands of jazz dancing. A combination of Dance 17 and 18 may be taken a total of four times. R-E-3
Lecture hours: 0.5 Lab hours: 1 or 2.5

DNCE 18 0.5 or 1 unit
JAZZ DANCE II
This course gives students an opportunity to practice and perfect basic jazz techniques and center and locomotor combinations. Students will develop original routines set to jazz music. A combination of Dance 17 and 18 may be taken a total of four times. R-E-3
Lecture hours: 0.5 Lab hours: 1 or 2.5

DNCE 22 0.5 or 1 unit
TAP DANCE I
This course is designed to teach tap dance technique at the beginning level. Instruction will focus primarily on the rhythm tap style; however, other tap styles may also be included. Students will learn fundamental skills; rhythms, including swing and Latin; syncopation; time steps; short combinations; and stylings. The course will also introduce students to the history and performance of tap dance. R-E-3
Lecture hours: 0.5 Lab hours: 1 or 2.5

DNCE 23 0.5 or 1 unit
TAP DANCE II
Recom: Dnce. 22. This course is designed to teach tap technique at the intermediate level. Students will learn new and more complicated rhythms, movement coordinations, and skills. The course will focus on developing the speed at which students master tap routines. In addition, the course will examine history and musical forms related to tap dance. R-E-3
Lecture hours: 0.5 Lab hours: 1 or 2.5

DNCE 30 0.5 or 1 unit
AFRICAN DANCE
This course introduces students to the history and performance of African dance. Students will learn, practice, and choreograph traditional movements and explore the way that traditional African dance forms express life passages and seasonal changes. The course will also examine how various percussive and nonpercussive instruments contribute to these expressions. Field trips may be required. R-E-3
Lecture hours: 0.5 Lab hours: 1 or 2.5

DNCE 36 0.5 or 1 unit
SOCIAL DANCE
This course gives students the opportunity to learn various social dance forms. It is designed for students with no dance experience as well as dance students who want to be introduced to dance forms new to them. Examples of dance forms that may be included are swing, salsa (mambo, cha-cha, etc.), tango, waltz, country and fox trot. The course will focus on exploring the differences and similarities among styles and techniques while also developing coordination skills. Historical studies and individual choreography will enhance the student's knowledge of each dance form as well as encourage creativity. R-E-3
Lecture hours: 0.5 Lab hours: 1 or 2.5

DNCE 50 0.5 or 1 unit
CONDITIONING FOR DANCE
This course will provide the dancer and non-dancer with various types of stretch, strength, and body alignment exercises. It combines techniques and skills from dance, exercise, and various body therapy programs (e.g. yoga, pilates) to enhance flexibility, strengthen, postural alignment, balance, coordination, endurance, and movement memory. Enhancement in these areas in turn provides for greater technical ability in any movement-based program such as dance, sports, or exercise programs. Introductory information on anatomy, nutrition, and the care and prevention of injuries will also be included. R-E-3
Lecture hours: 0.5 Lab hours: 1 or 2.5

DNCE 51 0.5 or 1 unit
PILATES CONDITIONING
This course introduces the fundamentals of non-impact exercise emphasizing the principles of Joseph Pilates. Classes provide the dancer and nondancer with exercises to improve abdominal and back strength, flexibility, and postural alignment. Pilates involves integrating the physical and mental aspects of movement in order to counterbalance weakness and correct imbalances in the body. Enhancement in these areas in turn provides for greater technical ability in any movement-based program, such as other dance studies, sports, or exercise programs, challenging to all fitness levels. Proper breathing techniques are emphasized, the focus being on exercising the mind as well as the body. UC credit pending. R-E-3
Lecture hours: 0.5 Lab hours: 1 or 1.5

DNCE 55 3 units
CHOREOGRAPHY I
Recom: Two one-unit courses from Dance 1, 6, 7, 12, 13, 17, 18, 22, 23, 30 or 36. This beginning-level course provides a theoretical and practical foundation in dance composition. It emphasizes the development of basic skills in problem solving as well as the craft and creation of dances. Students will explore and develop movement studies dealing with shapes, time, space, and energy for both individuals and groups. Students will also have the opportunity to practice creating full-length compositions that incorporate the above and, in addition, phrasing, abstraction, stylization, and various choreographic devices and structures. The final focus of this course is on creating compositions with thematic and artistic clarity. R-E-3
Lecture hours: 2.5 Lab hours: 1.5

DNCE 65 0.5, 1, 1.5 or 2 units
DANCE REHEARSAL AND PERFORMANCE
Recom: A course in dance technique. This course focuses on the various aspects involved in the preparation of dance productions. It is designed to emphasize the rehearsal process and performance experience both at Irvine Valley College and other venues. Every student enrolled will perform in an informal showing at the end of the semester and assist with technical and dance management. Those students who demonstrate mastery of the movement material will also perform in more performance settings and/or tour for additional performance opportunities. The student can sign up for one-half to one and one-half units depending upon the number of rehearsal/performance hours he or she commits to. R-E-3
Lecture hours: 0.5 Lab hours: 0.5, 1.5, 3 or 4.5

DNCE 77 DANCE HISTORY: TWENTIETH CENTURY This course studies the history of dance in the twentieth century focusing on major themes, ideas, values, people, and institutions within a global context. It traces the continued development of various dance forms with primary emphasis on ballet, modern dance, and jazz dance (including tap dance and musical theatre). The course will include some reference to other art forms and the humanities. Videotapes, movies, and attendance at live performances will augment lectures. NR <i>Lecture hours: 3</i>	3 units	DNCE 189 SPECIAL TOPICS IN DANCE This course provides an opportunity to explore a topical concept, issue, or event in the field of dance. The course is thematic in nature, and each version differs from other offerings in the same course. R-E <i>Lecture hours: 0.5-5 Lab hours: 0.5-5</i>	0.5-5 units	DNCE 220C DANCE TEAM: SUMMER LEADERSHIP TRAINING <i>Limitation: Successful completion of audition and demonstration of having met eligibility requirements.</i> This course trains selected students to take leadership roles at on-campus and off-campus athletic and college events. Emphasis is on creating team goals, preparing for dance camp competition, and developing administrative, fundraising, and overall leadership skills. Students will be responsible for attending dance camp and implementing plans for fall costumes and activities. R-E-3 <i>Lecture hours: 0.5 Lab hours: 1.5 or 2</i>	0.5 or 1 unit
DNCE 85 MUSIC FOR DANCE This course assists the dancer and/or choreographer by providing practical training in basic music theory and musicianship. It focuses on systematically breaking down and investigating the terminology of and concepts behind "dancer musicality," rhythm and meter, melodic design, basic musical form, notation, and historical style. The course is designed to present the development of music and dance in a historical perspective; to develop through listening an awareness of available musical literature; and to train the dancer/choreographer and musician to work together by developing a common vocabulary and working knowledge of each other's craft. NR <i>Lecture hours: 3</i>	3 units	DNCE 199 SPECIAL TOPICS IN DANCE This course explores a particular subject in the field of dance which is likely to become a part of the college curriculum. The course content is thematic in nature, and each version differs from other offerings in the same course. R-E <i>Lecture hours: 0.5-5 Lab hours: 0.5-5</i>	0.5-5 units	DNCE 289 SPECIAL TOPICS IN DANCE This nontransferable course provides an opportunity to explore a topical concept, issue, or event in the field of dance. The course content is thematic in nature, and each version differs from other offerings in the same course. R-E <i>Lecture hours: 0.5-5 Lab hours: 0.5-5</i>	0.5-5 units
DNCE 89 SPECIAL TOPICS IN DANCE This transfer-level course provides an opportunity to explore a topical concept, issue, or event in the field of dance. The course content is thematic in nature, and each version differs from other offerings in the same course. Granting of UC credit for courses of this kind is contingent upon a review of the course outline by a UC campus. R-E <i>Lecture hours: 0.5-5 Lab hours: 0.5-5</i>	0.5-5 units	DNCE 220A DANCE TEAM: FALL LEADERSHIP TRAINING <i>Limitation: Successful completion of audition and demonstration of having met eligibility requirements. Coreq: Dance 1, 6, 7, 12, 13, 17, 18, 22, 23, 30, 36, 50, 55, 77 or 85.</i> This course trains selected students to take leadership roles at on-campus and off-campus athletic and college events during the fall semester and to prepare for spring semester activities. Emphasis is on learning and performing choreographed dance routines and on developing administrative, fundraising, and overall leadership skills. R-E-3 <i>Lecture hours: 0.5 or 1 Lab hours: 2 or 4</i>	1 or 2 units	DNCE 299 SPECIAL TOPICS IN DANCE This nontransferable course explores a particular subject in the field of dance which is likely to become a part of the college curriculum. The course content is thematic in nature, and each version differs from other offerings in the same course. R-E <i>Lecture hours: 0.5-5 Lab hours: 0.5-5</i>	0.5-5 units
DNCE 99 SPECIAL TOPICS IN DANCE This transfer-level course explores a particular subject in the field of dance which is likely to become a part of the college curriculum. The course content is thematic in nature, and each version differs from other offerings in the same course. Granting of UC credit for courses of this kind is contingent upon a review of the course outline by a UC campus. R-E <i>Lecture hours: 0.5-5 Lab hours: 0.5-5</i>	0.5-5 units	DNCE 220B DANCE TEAM: SPRING LEADERSHIP TRAINING <i>Limitation: Successful completion of audition and demonstration of having met eligibility requirements. Coreq: Dance 1, 6, 7, 12, 13, 17, 18, 22, 23, 30, 36, 50, 55, 77 or 85.</i> This course trains selected students to take leadership roles at on-campus and off-campus athletic and college events. Emphasis is on learning and performing choreographed dance routines and on developing administrative, fundraising, and overall leadership skills. Students will be responsible for performing in public, participating in recruitment, and preparing for spring tryouts. R-E-3 <i>Lecture hours: 0.5 or 1 Lab hours: 2 or 4</i>	1 or 2 units		